

Safety. Strength.

Fall 2025
Faith and Grace, Inc.
Havasu's Only Domestic Violence Shelters



Dear Friend of Faith and Grace,

Tonight, a child we'll call *Noah* is lying awake, listening for footsteps, afraid to close his eyes. His Dad has been yelling at his Mom, and he's afraid it's his fault.

Tomorrow can be different. With a safe bed, a calm routine, and a gentle voice saying, "you're safe now," childhood begins to return.

At Faith and Grace, that's our daily work. Our shelters have eight bedrooms and thirty-two beds, and we're regularly full for nine months of the year. Calls to us haven't slowed down. Every family that comes to us carries the weight of fear; together, we replace it with safety, steadiness, and hope.



I've devoted the year ahead to **Restoring Childhood**, helping these children rebuild what domestic violence has taken away- safety, trust, and the freedom to be a child. Restoring Childhood isn't a project; it's the daily work of rebuilding lives and futures. Safety today. Strength tomorrow.

Jean Lequia | President and Board Chair, Faith and Grace, Inc.

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Daily healing requires trauma-informed counseling.

- **Feeling safe and calm:** counseling and family support - children need help managing intense emotions, to process traumatic experiences. They need to learn coping skills and build resilience. Their parent needs to learn how to reinforce these skills in everyday life. Our investment supports professional trauma-informed counselors to treat and educate children and their families.

It's also true that there are essential. everyday structures that rebuild childhood.

- **Learning to trust:** through after-school play, team activities, and supervised fun. With every fair game, shared laugh, and promise kept, children begin to believe that adults can be safe and kind. Playing with other kids shows them that friendship can be fun, teamwork feels good, and life can be normal again. Our investment supports after-school programs, youth sports, and summer recreation, so kids can belong, build confidence, and just enjoy being themselves.
- **Moving and breathing:** with time outside - bikes, trees, grass, and room to run. Outdoors, children can finally exhale. The simple act of running or feeling the sun on their face helps release the fear their bodies have carried and reminds them what freedom and safety feel like. Our investment provides outdoor play areas, recreation equipment, and safe spaces at both of our properties.

(Please turn the page)



www.FaithandGraceInc.com
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(928) 302-1358
24/7 Hotline



P.O. Box 774
Lake Havasu City, AZ 86405

- **Stable routines:** teaching families to rebuild the ordinary moments that trauma disrupted — mealtimes together, bedtime stories, morning hugs, and after-school check-ins. These everyday rituals teach children that life can be steady again, that home is safe, and that love shows up the same way, day after day. We've invested in hiring trained advocates, whose education complies with domestic violence shelter standards, to provide training and education to children and their family members.

“ As a social worker and therapist, I've sat with mothers whose voices shake and children whose silence says everything. Despite this, I believe, with daily, intentional care, kids can laugh again and dream again. **Restoring Childhood** is not a project, it's a promise we make every day.

Johanna Magdaleno | Executive Director, Faith and Grace, Inc.,
Licensed Master Social Worker



Johanna knows that domestic violence leaves deep and lasting effects on children. As a clinician, she recognizes what fear looks like in a child. It shows up in quiet ways — in sleepless nights, in drawing pictures with no smiles, in not knowing who to trust. But she's also seen the change that comes when a child feels safe again. That fear starts to fade. The sparkle comes back. They laugh, they play, and they start to believe that good things can last.

Please make a gift today, stand with Faith and Grace, and invest in the daily healing that restores the simple joy of being a child.

Join me and Johanna at Faith and Grace to help a child feel safe tonight.

With gratitude,

Jean Lequia
President and Board Chair

P.S. At our December 3rd luncheon, our **Restoring Childhood** promise is highlighted with two inspiring speakers who turned their own childhood trauma into triumph. Please see the enclosed flyer for details. I hope you'll join us. Thank you.

P.P.S. If you can't make it, please don't wait to give. A Faith and Grace giving form is attached that makes it easy for you to invest in restoring childhood. Thank you again.



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